

# STUDENTLINKS

ACTIVITIES | WELLNESS | CUISINE | PERTH | EIAP



// July Activities

// Recipe

// Wellness Tips

// Restaurants

  
**LANGUAGE LINKS**  
International

# ACTIVITIES

# JULY

## CALENDAR

### T TUESDAY MASTER CLASS (ELEMENTARY - INTERMEDIATE): AUSTRALIAN SLANG

7/7  
VOCABULARY

14:00

Class 101, 1 hr

14/7  
PRONUNCIATION

14:00

Class 101, 1 hr

21/7  
LISTENING

14:00

Class 101, 1 hr

28/7  
VOCABULARY

14:00

Class 101, 1 hr

### W WEDNESDAY CONVERSATION CLUB TOPICS

1/7  
Let's talk about  
travelling.

14:00

Class 101, 1 hr

8/7  
Let's play  
Pictionary together.

14:00

Student's Common Area, 1 hr

15/7  
Let's talk about  
hobbies.

14:00

Students Common Area, 1 hr

22/7  
Let's talk about  
dating.

14:00

Students Common Area, 1 hr

### T THURSDAY MASTERCLASS (UPPER- INTERMEDIATE AND EIAP): JOB HUNTING

2/7  
Cover Letter

14:00

Class 101, 1 hr

9/7  
Resume

14:00

Class 101, 1 hr

16/7  
Applying for  
Jobs

14:00

Class 101, 1 hr

23/7  
Interview  
Skills

14:00

Class 101, 1 hr

### F FUN FRIDAY

30/7  
Role Play

13:00

Students Common Area, 1 hr

3/7  
Yoga Class

13:00

Students Common Area, 1 hr

10/7  
Games Arvo

13:00

Students Common Area, 1 hr

17/7  
Garage Sale

11:00

Students Common Area, 1.5 hr

24/7  
Pool and Snooker

13:00

Students Common Area, 1 hr

30/7  
Christmas in July  
International Dinner

19:30

Students Common Area, 1 hr

31/7  
Christmas in July  
International Lunch

11:00

Students Common Area, 1.5 hr

### B BIRTHDAY PARTY

29/7  
Born in July? Let's celebrate together! Cake and soft-drinks provided!

14:00

Students Common Area, 1 hr

FREE

# WELLNESS TIPS

FROM LLI STUDENTS

Summer (Wanyi) Lu - China

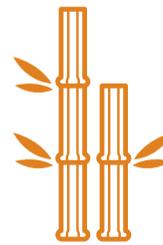
It's important for people to stay physically and mentally healthy, so we need to keep our body and mind active. Spend some time doing exercise, like running, dancing or yoga. Don't forget to spend plenty of time with family and friends. Share your feelings with them and listen to what they have to say. Staying socially active is important to maintaining a positive mindset.



Eva Perez - Spain

Mental health is as important as physical health. It is important to stay active to avoid stress and anxiety. Exercise every day and get 7 to 8 hours of sleep each night. Maintain a balanced diet including fish and plenty of fruit and vegetables.

Keep up your social life. Have fun and spend time with family or have a glass of wine with friends. Relieve stress by practising mindfulness and yoga. Enjoy a long bath or a walk along the beach to help you relax.



# CUISINE

## RECIPE



## LUZ'S

fantastic recipe for Chicken Fricassee



Season the shredded breast chicken with sea salt, Let it brown in a pan with oil at medium high temperature.

Take the chicken to the oven at 180 degrees to finish cooking. (15 minutes)



While the chicken is cooking, in a pot with oil we fry the mushroom with sea salt for a few minutes, remove from the pan and set aside.



In the same frying pot previously used we put the onion and garlic, mix for a few minutes without browning add the chicken stock and the cream milk and let it cook for a few minutes, add the laurel and thyme to the sauce. When ready, combine the mushrooms and the sauce.



Last step! Put the chicken, the sauce and parsley in a baking tray and bake it for 10 minutes.

Enjoy your fricassee!!!



### Ingredients:

- 6 pieces of chicken
- Sea salt, pepper, parsley, thyme, laurel, oil
- 1 1/2 big onion finely chopped
- Cream milk
- Mushroom



Luz Merry  
Colombia

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## RESTAURANTS

Best 10 from "THE URBAN LIST"

1. Long Chim, Perth
2. Petition Kitchen, Perth
3. Lulu La Delizia, Subiaco
4. Bib & Tucker Perth, North Freo
5. The Flour Factory, Perth
6. Bread In Common, Fremantle
7. Wildflower, Perth
8. Nobu, Burswood
9. Balthazar, Perth
10. Il Lido, Cottesloe

<https://www.theurbanlist.com/perth/a-list/best-restaurants-perth>

## STUDENT'S REVIEW



Hi guys! Nice to meet you. I'm Sun from the Intermediate level class in the evening. I am introducing my favourite restaurant!

The restaurant I recommend is the 'Kaze Bento', actually, in which I work as well. It is located at 2/630 Beaufort St, Mount Lawley WA 6050, so you can find it through google map! It's a Japanese restaurant, but let me tell you a funny story, we have just one Japanese in the restaurant.

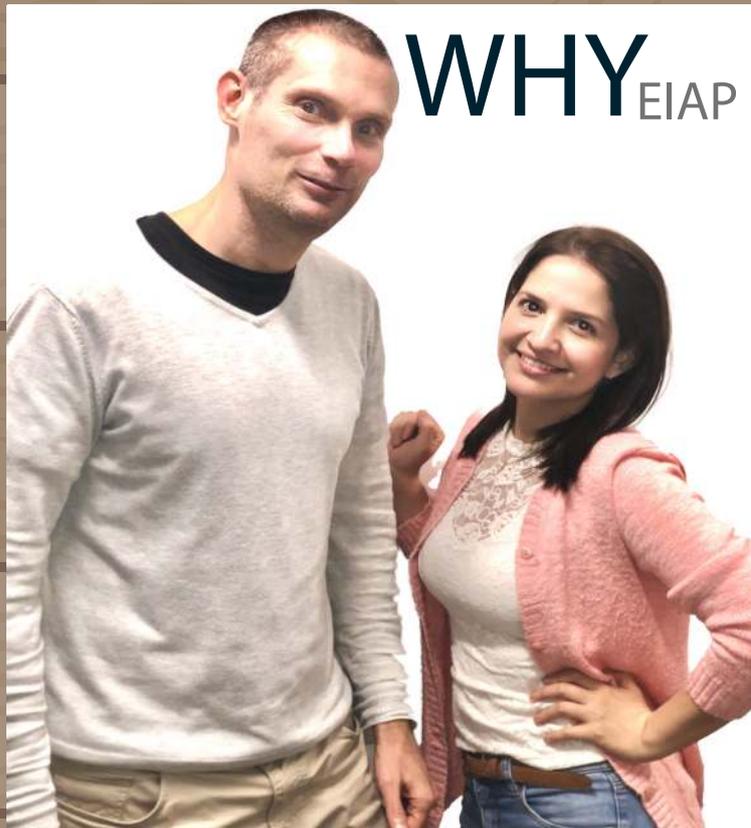
But you don't need to worry about flavour! Because it is so yummy! We have many kinds of food such as 'Terriyaki', 'Curry', 'Sushi', 'Katch' etc. Anyway, lastly, If you are hungry, Don't hesitate and call the UberEATS!!



Taeyang kim  
Korea



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## WHY<sub>EIAP</sub>

### Lina Fernanda COLOMBIA

EIAP - ENGLISH FOR IELTS AND ACADEMIC PURPOSES

Living and studying abroad has been a wonderful and important decision in my life. This decision brought me to the Language Links family and I just can say that my experience in its EIAP course was something that I could not imagine before.

I enjoyed every class during my course. Firstly, it was because Steve, who was my teacher over six months, has an enormous knowledge not only about IELTS preparation but also academic context. So that people can take a good training to achieve their exam scores. Also, Steve gives importance to all their skills, and all the time he takes care of their improvement so that he provides a balance every day.

On the other hand, Language Links Staff is very helpful. Every member knows what they need to do and always go the extra mile, I can say that they are not only staff member, also friends who are available to support everybody with questions, making easier our time in the school and Australia.

Now that my course has finished, I believe that my English has improved a lot because learning English is a mix between your discipline and determination and finding an excellent place such as Language Links.

## BEHIND THE SCENES

Daniela Hoyos

Marketing-Admissions LLI and AAI

1. Hi Dani, thanks for taking the time out of your busy schedule to speak with us! How long have you been working in Marketing?

I was a Marketing manager at a manufacturing company for 3 years in Colombia. I came to Australia and could not speak English, but I studied hard for 11 months! I was even taught by Steve, Martin and Stuart. I worked as an agent for 3 years, as a Portfolio Manager for a year and have been a Marketing and Admissions officer at Language Links for 1 year.

2. Why do you love your job?

I have the opportunity to travel; in Colombia I went between cities and even to Mexico! My favourite part is networking and meeting people from all walks of life. In Marketing, you can be so creative; have a crazy idea and work hard to make it happen. I love investigating countries, cultures and languages, getting richer in knowledge everyday.

3. Can you tell us about your career highlights?

It was a huge achievement to come to Australia and move from my role as an agent to being part of the marketing team at LL. I was not an English speaker but I got out of my comfort zone and worked hard to be in a profession even though I was still a student.

